



# October 2009 Sandwich Menu

Approved by: Colleen T. Keller, R.D.

## New Fall Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1] Ham & Swiss Sandwich Lemony Green Bean & Potato Salad Fruited Yogurt	2] Cheese Sandwich Marinated Cucumber Salad Waldorf Cranberry Salad
5] <b>New Fall Menu Begins</b> Spiced Ham Salad Sandwich Macaroni Salad Sliced Peaches	6] Egg Salad Sandwich Green Pea Salad Apricot Halves	7] Turkey & Swiss Sandwich Red Skin Potato Salad Fresh Grapes	8] Roast Beef Sandwich Broccoli Salad Fruit Cocktail	9] Sliced Chicken Sandwich Carrot & Raisin Salad Fresh Pear
12] Tuna Salad Sandwich Baby Carrots with Ranch Banana Pudding	13] Roast Beef Sandwich Betty's Potato Salad Fruited Orange Gelatin	14] Chicken Patty Sandwich 3-Bean Salad Cinnamon Applesauce	15] Turkey Salad Sandwich Curried Rice Salad Mandarin Oranges	16] Corned Beef on Rye Calico Coleslaw Spiced Apples
19] Sliced Chicken Sandwich Vegetable Slaw Fruited Yogurt	20] Ham Sandwich Pasta Primavera Salad Chocolate Pudding	21] Egg Salad Sandwich Corn & Black Bean Salad Peaches	22] Salami & Provolone Sandwich Pickled Beets Pears & Mixed Berries	23] Salmon Salad Sandwich Coleslaw Vanilla Pudding with Mandarin Oranges
26] Chicken Salad Sandwich Green Pea Salad Fruited Cherry Gelatin	27] Tuna Salad Sandwich Carrot Raisin Salad Pineapple Tidbits	28] Bologna Sandwich Mustard Potato Salad Fruit Cocktail	29] Cheddar Bacon & Tomato Spread Sandwich Italian Broccoli Salad Fresh Grapes	30] Egg Salad Sandwich Southern Macaroni Salad Fruited Lime Gelatin with Peaches

Meal includes 1% milk or 100% fruit juice. Fruits are unsweetened. Bread includes 1 pat of butter.

**Menu may change without notice**